GLANBROOK RANGERS

COVID 19 HOCKEY PROTOCOLS

PARTICIPANTS

Before

1. Any participant displaying any COVID-19 symptoms (as outlined by public health at the time), or those who have returned from travel to another province/country within the last 14 days, may not enter a City of Hamilton facility.

* Participants will be screened upon entry (self-assessment or by a Glanbrook Rangers volunteer)
* Participants who have been diagnosed with COVID-19 will require a doctor’s note prior to being permitted inside a City of Hamilton facility.
* Information regarding an individual’s health should never be disclosed beyond only those staff or volunteers who need to know. The name(s) of any person(s) diagnosed with COVID-19 should NEVER be disclosed.
* If a participant is experiencing symptoms or feeling unwell, they should not attend a scheduled activity. Instead, please contact the Head Trainer who will direct you to the proper protocol.
* Participants with seasonal allergies or other underlying conditions (e.g. Asthma) which may cause some symptoms consistent with COVID-19 to be displayed (e.g. cough, runny nose, etc.) should notify program staff in advance and follow safety protocols (cough into arm, not hands). Where possible, the trainers should ask for this information at time of registration.

1. Where possible, there will be a single dedicated entrance and separate exit for all participants.
2. Facility access will be restricted to 10-15 minutes prior to scheduled start time. Do not attempt to enter the facility early. Access will be denied. Late arrival may mean delays as facility staff ensure safe traffic flow during set times before and after each session.
3. Everyone who enters the facility for any reason, must wear a mask. Participants may remove their mask immediately upon the placement of a helmet and before starting their activity.
4. Participants are asked to ensure they have used washrooms at home, as access to washrooms before, during, or after an activity will be highly restricted and only available in common areas.
5. Water bottles should be filled at home, however, water filling stations will be available. Sinks and washrooms in dressing rooms may not be available.
6. Every participant and parent is asked to sanitize their hands prior to entering the facility and are encouraged to carry their own hand sanitizer when inside the facility to reapply as needed.
7. Participants arrive fully dressed for their activity and remain in vehicle until entry time, other than:
   1. Skates/Gloves/Helmet as required
   2. A small duffle bag or other, only large enough to contain gear not yet worn (e.g. no full-size hockey bags are permitted apart from goalies.
   3. Goalies can wear as much equipment as they are comfortable with, so long as they are able to get dressed and undressed in the allotted time before and after their session.
8. There will be a station in each facility to tie skates. One parent/guardian MAY accompany anyone under the age of 18. An area for spectators will be outlined (facility dependent) and spectators must adhere to physical distancing measures which will be outlined.
9. Participants must adhere to physical distancing requirements at all times (maintaining a 6 foot or 2-meter distance between themselves and another person).
10. User group or program staff/volunteer will come and get players and any parents when they are permitted to leave their staging area to come onto the playing surface.
11. Players are not permitted to share gear with others unless they are from the same household (e.g. another player forgets a glove, jersey, etc.)
12. Participants must adhere to any additional safety guidelines issued by the Public Health Unit, City of Hamilton, OHF and the Glanbrook Rangers Minor Hockey Association.
13. Participants and for minors, the parent/guardian who will be attending with them, may be required to complete an acknowledgement of facility/program rules and a waiver in order to participate.

During

1. A maximum number of participants (including coaches) will be enforced at all times.
2. Facility: maximum of 50 per facility – currently under review with city.
3. Ice : current maximum is 25 people per ice pad (includes coaches, instructors and athletes). The maximum number allowed by the OHF stages (Stage 3a max. 25, Stage 3b max 30, Stage 3c max 40 people are permitted on the playing surface at a time), which will allow for physical distancing (this number will be expanded per public health guidance when possible)
4. An activity roster may be requested by facility management in advance of each session. A contact tracing form will be completed by each group for each session and may be provided to the facility upon request.
5. Physical distancing must be adhered to at all times during activity.
   1. All activities must be designed to ensure physical distancing (maintaining a 6 foot or 2-meter distance between each participant).
   2. For skill development sessions, participants must stage themselves before and between each repetition in the fashion indicated by program staff (ice-markings, cones, etc.)
   3. There is a **zero tolerance** policy for violation of physical distancing requirements. Any participant who fails to adhere to physical distancing requirements will be required to immediately leave their activity (no refunds for programs).
   4. Any player who becomes ill or exhibits possible COVID-19 symptoms during an activity, must immediately stop, leave the playing surface, and wear a mask until they are able to leave the facility (as soon as possible). Coaches/adult supervisors must report this as an incident to the coach/instructor/trainer and the Glanbrook Rangers, along with any action taken.
6. No spitting (including rinsing mouth with water) or blowing nose without a tissue or paper towel. Participants who violate this will be immediately required to leave the ice/facility (no refunds for programs). A full sanitization of the area will occur if any of the above happens.
7. Participant water bottles must be clearly labelled with names and left in the spot indicated by program staff.
8. Full equipment must be worn at all times (including player gloves).
9. Participants must not touch equipment other than that which is permitted by activity staff. Where required, pucks, cones, and other gear should be moved using sticks or a gloved hand.

After

1. Coaches will indicate session end times to all participants. At the end of each session:
   1. Participants must STOP and maintain their distance from all others
   2. Participants will be directed when and where to exit the playing surface and must return to collect outdoor footwear and change (e.g. remove skates and helmet, indoor shoes, etc.).
   3. Participants and parent/guardians must maintain physical distancing at all times (maintaining a 6 foot or 2-meter distance between themselves and another person) and immediately leave the facility through dedicated exit (within 5 minutes). Participants may not remain in facility as spectators or to converse with other facility patrons.
2. Water bottles must be washed/sanitized after every use.
3. It is highly recommended that players will wash outer gear (jerseys, socks, gloves) using hot water and soap following each use. It is also highly recommended that sticks, helmets, and any other personal items which have been used, be sanitized using a method appropriate for the items.
4. Participants are required to put their mask back on, prior to exiting the building.